

## COLLEGE OF NATURAL AND HEALTH SCIENCES

# MASTER OF SCIENCE IN COUNSELLING PSYCHOLOGY

Develop the essential skills and competencies to work as a counselling psychologist specializing in adult populations with a range of psychological health outcomes

The Master of Science in Counselling Psychology program prepares students with in-depth knowledge and professional training to apply psychological theories and models to help adult populations with a range of psychological concerns from trauma and addiction to stress management and performance. License-eligible graduates of the program will have experience in psychological assessment, case formulation, research and evidence-based intervention in the context of adult mental health.

### PROFESSIONAL OUTCOMES

Students will be prepared for a variety of careers in adult mental health settings in different environments, i.e., government agencies, healthcare organizations, private practices, and research. Employment growth over the next decade will be driven by a greater demand for services in mental health centers, social service agencies and hospitals, aligned with the United Arab Emirates' national agenda to work towards prevention and better management of mental health at a population level.

### FACULTY

Program courses are taught by faculty who hold PhDs from some of the world's most prestigious universities. Faculty members have built a stellar reputation for their groundbreaking research, published works, and their insights into an exceptionally wide range of psychological issues at both a national and international level. As faculty members are also highly qualified and trained psychologists, students will gain valuable insights from their expertise and experiences.

### CURRICULUM

**Required Program Courses** (48 Credit Hours Required)

- PSY600 Cultural Competency, Ethics and Professional Practice in Psychology
- PSY610 Psychological Disorders
- PSY620 Theories and Models of Psychotherapy
- PSY630 Psychological Assessment: Tests and Measurement
- PSY640 Foundations of Psychological Interventions: Interviewing, Counseling and Prevention Strategies
- PSY655 Advanced Research Methods
- PSY621 Professional Development and Competency to Practice
- PSY641 Special Population Focus: Public Health
- PSY681 Special Topics: Mindfulness and Cognitive-Based Approaches to Trauma and Grief
- PSY675 Addiction Preventions and Interventions
- PSY635 Cognitive Psychology and Neuroscience
- PSY671 Advances in Positive Psychology, Prevention, and Community Wellbeing
- PSY660 Motivational Interviewing, Group and Family Counseling and Psychotherapy
- PSY690 Counseling Internship I
- PSY695 Counseling Internship II
- PSY699 Master's Thesis

## COURSE DELIVERY FORMAT

The Master of Science in Counselling Psychology program is delivered face-to-face in English across four weekdays over 4 semesters at Zayed University located in Abu Dhabi. Students must complete two internships within an external organization and be closely supervised by a licensed psychologist. Students must complete the first internship in semester 3 of the program and the second internship placement in the final semester of the program. For each internship, students must complete a total of 300 hours which is equivalent to 9-8 weeks of full-time work. Therefore, if students are employed at the time of application, their employers must complete the Employer Internship Consent form thereby consenting the employees to release them from their regular employment setting to complete the two internship placements with an external organization..

## ADMISSION

- Admission is open to males and females of all nationalities.
- Applicants must have an earned baccalaureate degree in psychology from an accredited university recognized by the UAE Ministry of Education with a cumulative grade point average (CGPA) of 3.0 (or 2.5 for conditional admission) or higher on a 4.0 point scale or equivalent.
- English language proficiency:
  - A TOEFL score of 213 CBT, 79 iBT (or 197 CBT, 71 iBT for conditional admission), or
  - An IELTS (Academic) overall band score of not less than 6.0 (or 5.5 for conditional admission), or
  - Evidence that the applicant is a native speaker of English who has completed his/her undergraduate education in an English medium institution in a country where English is the official language.
- Applicant Consent form.
- Employer Internship Consent form.
- Police Clearance Certificate.
- An interview.

## PROGRAM COST

Credit Hours	Cost Per Credit Hour
48	AED 2,500

## FINANCIAL SUPPORT

Zayed University offers a range of financial support options such as graduate merit and Zayed University alumni scholarships to support graduate students. Corporate discounts are also offered for bulk applications. For a listing of available financial aid, please visit the Graduate Student Financial Support section of the website [www.zu.ac.ae](http://www.zu.ac.ae)

## PROGRAM RECOGNITION

Zayed University is licensed and accredited by the Commission for Academic Accreditation (CAA), which is the quality assurance and accreditation body of the UAE Ministry of Education. As Zayed University is accredited by the Middle States Commission on Higher Education, graduate programs are world-wide recognized for further education and employment in private and public-sector organizations.

## CONTACT

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